

Resources for Children and Adults with Special Needs in Contra Costa County

Matrix	415-884-3535	www.matrix.org
New York Learning	510-236-2146	www.nylearningcenter.com
Dungarvin CA LLC	510-727-9418	www.dungarvin.org
National Autism Resources	707-389-0843	www.nationalautismresources.com
First Five:		www.first5coco.org
Monument	925-849-8861	
East County	925-301-4040	
Antioch/Delta	925-516-3886	
West County	510-232-5650	
Contra Costa Child Care Council	925-676-5442	www.cocokids.org
Kaiser	925-372-1475	www.kp.org
World Institute on Disability	510-251-4525	www.db101.org
Office of Client's Rights (ORCA)	510-267-1280	www.disabilityrightsca.org
Contra Costa ARC:		
Bright Beginnings	925-439-7516	www.contracostaarc.org
Care Parent Network	925-313-0999	
ARC Access	925-685-7190	
Lynn Center	925-439-7516	
ARC Inroads:		
Antioch	925-706-1405	
Concord	925-685-7190	
Richmond	510-222-8266	
SEIU Long Term Care Workers	510-220-2873	
Easter Seals Bay Area	510-835-2131	www.bayarea/easterseals.com
Special Olympics	925-944-8801	www.spmc/prg/regions/eastbay/
Center for Social Dynamics	510-268-8120	www.csd.me
Milestones for Autism	925-938-1862	www.milestonesforautism.net
Child Health and Disability Prevention	925-313-6150	
Early Childhood Mental Health:		
West Contra Costa County	510-412-9200	www.ecmhp.org
AT Network	800-390-2699	www.atnet.org
Amen Clinic for Behavioral Medicine	707429-7181	www.amenclinics.com
Anka Behavioral Health	925-825-4700	www.ankabhi.org
Autism Society of America	800-328-8476	www.autism-society.org
Center for Accessible Technology (CAT)	510-841-3224	www.cforat.org
Full Circle of Choices	925-682-6107	www.fullcircleofchoices.org
Independent Living Resources	925-363-7293	www.ilrcoco-sol.org
Residential & Educational Services – East Bay	925-229-8228	www.ressuccess.org

Rubicon Programs, Inc. 510-235-1516
Through the Looking Glass 510-848-1112
Toolworks 415-733-0990
United Cerebral Palsy 510-832-7430

www.rubiconprograms.org
www.lookingglass.org
www.toolworks.org
www.ucpgg.org

Government Agencies

Area Developmental Disabilities Board 5 510-286-0439
CA Dept. of Health Care Services 916-327-1400
California Dept. of Developmental Services 916-654-1690
Contra Costa County Health Department
UC Davis Mind Institute 916-703-0299/0343
IHSS 925-229-8434
State Council on Developmental Disabilities 916-322-8481
United States Department of Education 800-872-5327
U.S. Department of Health & Human Services 415-437-8500

www.scdd.ca.gov
www.ca.gov/serviceschdp/pages/default.aspx
www.dds.ca.gov
www.cchealth.org
www.ucdavis.edu/mindinstitute
www.ehsd.org/elderly-disabled
www.scdd.ca.gov
www.2.ed.gov/about.contacts/gen/index.html
www.hhs.gov

Respite

Bay Area Crisis Nursery 925-685-8052
Bay Respite Care 707-644-4491
Family Support Services of the Bay Area 510-834-4006
La Familia Counseling Service 510-881-5921
The Respite Inn 925-686-5758

www.bacn.info
www.bayrespitecare.org
www.fssba-oak.org
www.lafamiliacounselingservice.com
www.therespiteinn.com

Transportation

R&D Transportation Service, Inc 415-531-4989
AC Transit (Alameda-Contra Costa Transit) 510-891-4777
County Connection 925-676-7500
Dial-A-Ride (WestCAT) 510-724-7993
East Bay Paratransit Consortium 510-287-5000

www.actransit.org
www.cccta.org
www.westcat.org
www.actransit.org/riderinfo/paratransit.wu

Housing

California Mentor 707-247-1904
North Bay Housing Coalition 707-259-6121

www.mentorswanted.com
www.northbayhousing.org

A Bright Future 510-692-1804
Concord Residential Club 925-689-4939
Harmony House 925-256-6303
Housing Consortium of the East Bay 510-832-1315

www.harmonyhouseassoc.org
www.hceb.org

Regional Center Information

Regional Center of the East Bay (RECB) 925-798-3001
A Better Chance 510-758-0433

www.rceb.org
www.greatschools.org/california/richmond
www.contracostaarc.com/html/css.html

Commercial Support Services:
 Antioch 925-755-4925
 Concord 925-825-5665
 Richmond 510-233-7303

Community Access Programs (CAP):
 Antioch 925-706-1921
 Concord 925-685-9742
 Richmond 510-222-8266

www.contracostaarc.com/html/cap.html

Community Integrated Support Services 925-777-0696

www.cissinc.org
www.ciwp.org

Community Integrated Work Program (CIWP)
 Richmond 510-528-2287
 Antioch 925-778-2900

Concord House 925-825-4423
Fred Finch Youth Center 510-439-3130 X 106

www.fredfinch.org
www.futures-explored.org

Futures Explored: 925-825-0263
 Antioch 925-756-0817
 Concord 925-825-0263
 Lafayette 925-284-3240 x 224

Pathways to Choices 510-724-9042
Steps for Independence 510-278-8326
Families First 925-602-1750

www.pathwaytochoices.net
www.stepsforindependence.org
www.familiesfirstinc.com

Specialized Phones

Hamilton Relay 619-709-4923
California Telephone Access Program 800-806-1191

Training and Supported Employment

Pride Industries	707-399-3601
United Cerebral Palsy	707-766-9990 x 102
A Better Chance Industries	510-758-0433
Center for Adaptive Learning	925-827-3863
Cole Vocational Services:	
Antioch	925-756-7600
Pinole	510-724-7190
Futures Explored	925-284-3240
Las Trampas, Incorporated	925-284-1462
Social Vocational Services	925-706-4434

www.prideindustries.com

www.greatschools.org/california/richmond
www.centerforadaptivelearning.org

www.thementornetwork.com
www.thementornetwork.com
www.futures-explored.org
www.lastrampas.org
www.svsinc.org

Workability

Contra Costa County Office of Education	925-942-3388
Mt. Diablo Unified School District	925-603-1487
San Ramon Unified School District	925-552-5508
West County Unified School District	510-231-1432

www.cccoe.k12.ca.us
www.mdusd-ca.schoolloop.com
www.srvusd.k12.ca.us/workability

Recreation

Bay Area Outreach and Recreation Program	510-849-4663
Camping Unlimited, Inc.	510-222-6662
Concord Community & Recreational Services	925-671-3171
Giant Steps Therapeutic Equestrian Center	707-769-8900
Mission Hope Day Program	925-706-7517
Mt. Diablo YMCA	925-687-8900
National Institute for Art and Disabilities	510-620-0290
Pleasant Hill Recreation and Parks	925-676-5200
Richmond Recreation for the Disabled	510-920-6815
Special Skater Program	510-268-9000 X 103
San Ramon Parks & Community Services	925-973-3253
Special Needs Aquatic Program	510-495-4102
Theatre Unlimited	415-665-4100
Walnut Creek Specialized Recreation Program	925-256-3531
Wildhorse!	510-860-8188
Xenophon Therapeutic Riding Center	925-377-0071

www.borp.org
www.campingunlimited.com
www.ci.concord.ca.us/recreation
www.giantstepsriding.org
www.mhdp.org
www.mdrymca.org
www.niadart.org
www.pleasanthillrec.com

www.oaklandice.com
www.ci.san-ramon.ca.us
www.snapkids.org
www.janetpomeroy.org
www.walnutcreekrec.org/jobs-specialized.htm
www.penomee@yahoo.com
www.xenophontrc.org/blog

Dental/Vision/Other

Golden Scalers (Mobile dental hygiene)	510-886-4199	www.goldenscalers.com
University of California School of Optometry	510-642-5726	www.caleyecare.org
Blind Babies Foundation	510-446-2229	www.blindbabies.org
Breast Health Access for Disabled Women	510-204-4866	www.bhawd.org
CA School for the Blind	510-794-3800	www.csb.-cde.ca.gov
CA School for the Deaf	510-794-3666	www.csdf.k12.ca.us
Diagnostic Center, Northern CA	510-794-2500	www.dcn-cde/ca/gov
Epilepsy Foundation of Northern CA	925-224-7760	www.epilepsyfoundation.org
Hatlen Center for the Blind	510-234-4984	www.hcblind.org

Education

Avona Center for Education	925-687-9616	www.avonaeducation.org
Challenger School (San Jose)		www.challengerschool.com
Fred Finch Youth Center	510-482-2244	www.fredfinch.org
Special Education Local Plan Areas (SELPA):		
Mt. Diablo	925-682-8000 x 4047	www.mdusd.org
Contra Costa County Office of Education	925-942-3376	www.ccselpa.org
San Ramon USD SELPA	925-552-5500	www.srvusd.k12.ca.us/selpa
West County USD SELPA	510-741-2800	
Ala Costa Center	510-527-2550	www.alacostacenters.org
Contra Costa Community College:	925-229-1000	www.contracosta.cc.ca.us
Los Medanos College	925-756-0817	www.futures-explored.org

Legal Assistance

Ruderman & Know, LLP Special Education Attorney		
➤ Phone: 916-563-0100		
➤ Website: www.rudermanknox.com		
➤ Address: 1300 National Drive, Suite 120, Sacramento, CA 95834		
Dale Law Firm		
➤ Phone: 925-826-5585		
Disability Rights, CA, Bay Area office		
➤ Phone: 510-267-1200		
➤ Website: www.disabilityrightsca.org		
➤ Address: 1330 Broadway, Suite 500, Oakland, CA 94612		
Disability Rights Education Fund		

- Phone: 510-644-2555
- Address: 2212 Sixth Street, Berkeley, CA 94710

Bay Area Legal Aid

- Phone: 510-663-4755
- Address: 1025 McDonald Ave. Richmond, CA 94801
- Website: www.baylegal.org

Hawkins Center

- Phone: 510-232-6611
- Address: 101 Broadway, Suite 1, Richmond, CA 94804
- Website: www.hawkinscenter.org